

GOURMET CARAMEL**Nutrition Facts**

Serving Size 3/4 cup (30g)
Servings Per Container varied

Amount Per Serving		% Daily Value*	
Calories 120	Calories from Fat 40		
		7%	
Total Fat 4.5g			
Saturated Fat 2.5g			13%
Trans Fat 0g			
Cholesterol 10mg			3%
Sodium 50mg			2%
Total Carbohydrate 20g			7%
Dietary Fiber 1g			4%
Sugars 13g			

Protein 1g

Vitamin A 2% • Vitamin C 0%
Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Popcorn, Sugar, Butter (cream, salt), Corn Syrup Solids, Water, soy lecithin, Vanilla Extract, canola oil, Salt, Baking Soda, Cream of Tartar

CONTAINS: soy

HONEY ALMOND**Nutrition Facts**

Serving Size about 2/3 cup (30g)
Servings Per Container varied

Amount Per Serving		% Daily Value*	
Calories 120	Calories from Fat 40		
		7%	
Total Fat 4.5g			
Saturated Fat 1.5g			8%
Trans Fat 0g			
Cholesterol 5mg			2%
Sodium 25mg			1%
Total Carbohydrate 19g			6%
Dietary Fiber 1g			4%
Sugars 12g			

Protein 1g

Vitamin A 2% • Vitamin C 0%
Calcium 2% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Popcorn, Sugar, Almonds, Water, Corn Syrup Solids, Butter (cream, salt), Honey, Vanilla flavor, soy lecithin, canola oil, Salt, Baking Soda, Cream of Tartar

CONTAINS: soy, almonds, milk

JALAPEÑO**Nutrition Facts**

Serving Size 2 cups (30g)
Servings Per Container varied

Amount Per Serving		% Daily Value*	
Calories 160	Calories from Fat 90		
		15%	
Total Fat 10g			
Saturated Fat 1g			5%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 15mg			1%
Total Carbohydrate 16g			5%
Dietary Fiber 3g			12%
Sugars 0g			

Protein 3g

Vitamin A 4% • Vitamin C 2%
Calcium 2% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Popcorn, Canola Oil, Jalapeno Seasoning (salt, whey, monosodium glutamate, spices, garlic powder, soybean oil, onion powder, hydrolyzed vegetable protein (hydrolyzed corn gluten, soy protein, and wheat gluten, partially hydrogenated soybean and cotton seed oils), FD&C Yellow #5 & #6, FD&C Red #40)

CONTAINS: wheat, soy, milk

KETTLE CORN**Nutrition Facts**

Serving Size 2 1/4 cups (30g)
Servings Per Container varied

Amount Per Serving		% Daily Value*	
Calories 140	Calories from Fat 45		
		8%	
Total Fat 5g			
Saturated Fat 0.5g			3%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 65mg			3%
Total Carbohydrate 21g			7%
Dietary Fiber 2g			8%
Sugars 12g			

Protein 1g

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Popcorn, Sugar, corn oil, Salt

MACADAMIA BUTTER CRUNCH**Nutrition Facts**

Serving Size 1/2 cup (30g)
Servings Per Container varied

Amount Per Serving		% Daily Value*	
Calories 130	Calories from Fat 70		
		11%	
Total Fat 7g			
Saturated Fat 3g			15%
Trans Fat 0g			
Cholesterol 10mg			3%
Sodium 40mg			2%
Total Carbohydrate 17g			6%
Dietary Fiber 1g			4%
Sugars 10g			

Protein 1g

Vitamin A 2% • Vitamin C 0%
Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Popcorn, Sugar, Macadamia Nuts, Butter (cream, salt) Water, Corn Syrup Solids, soy lecithin, Canola Oil, Salt, Baking Soda, Cream of Tartar

CONTAINS: soy, macadamia nuts, milk

PECAN PRALINE**Nutrition Facts**

Serving Size about 2/3 cup (30g)
Servings Per Container varied

Amount Per Serving		% Daily Value*	
Calories 140	Calories from Fat 60		
		11%	
Total Fat 7g			
Saturated Fat 2g			10%
Trans Fat 0g			
Cholesterol 5mg			2%
Sodium 30mg			1%
Total Carbohydrate 20g			7%
Dietary Fiber 1g			4%
Sugars 12g			

Protein 1g

Vitamin A 2% • Vitamin C 0%
Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Popcorn, Sugar, Pecans, Corn Syrup Solids, Butter (cream salt), soy lecithin, Pecan Praline flavored soybean oil, Canola Oil, Salt, Baking Soda, Cream of Tartar

CONTAINS: soy, milk, pecans

PEANUT BUTTER DRIZZLE**Nutrition Facts**

Serving Size 1 cup (30g)
Servings Per Container varied

Amount Per Serving		% Daily Value*	
Calories 140	Calories from Fat 50		
		9%	
Total Fat 6g			
Saturated Fat 3.5g			18%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 65mg			3%
Total Carbohydrate 21g			7%
Dietary Fiber 1g			4%
Sugars 14g			

Protein 2g

Vitamin A 0% • Vitamin C 0%
Calcium 4% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Popcorn, Peanut Butter flavored wafer (partially hydrogenated palm kernel oil, sugar, nonfat dry milk solids, peanut butter (roasted peanuts, partially hydrogenated cottonseed oil, salt), corn syrup solids, partially defatted peanut flavor, soy lecithin, salt), Sugar, White Creamy Chocolate (sugar, partially hydrogenated palm kernel oil, nonfat milk powder, soy lecithin, monoglycerides, titanium dioxide, artificial flavor), Corn Oil, Salt

CONTAINS: milk, soy, peanuts

PINK HIMALAYAN SALT...AND PEPPER**Nutrition Facts**

Serving Size 2 3/4 cups (30g)
Servings Per Container varied

Amount Per Serving		% Daily Value*	
Calories 120	Calories from Fat 50		
		9%	
Total Fat 6g			
Saturated Fat 0.5g			3%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 510mg			21%
Total Carbohydrate 20g			7%
Dietary Fiber 2g			8%
Sugars 0g			

Protein 1g

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Popcorn, Corn Oil, Pink Himalayan Salt, Red Peppercorn

RAINBOW**Nutrition Facts**

Serving Size 3/4 cup (30g)
Servings Per Container varied

Amount Per Serving		% Daily Value*	
Calories 100	Calories from Fat 10		
		2%	
Total Fat 1g			
Saturated Fat 0g			0%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 25mg			1%
Total Carbohydrate 23g			8%
Dietary Fiber 1g			4%
Sugars 14g			

Protein 1g

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Popcorn, Sugar, Water, Corn Syrup Solids, soy lecithin, Canola Oil, FD&C Yellow # 5, Lemon Oil, Canola, Salt, FD&C Red #3 & #40, FD&C Blue # 1, FD&C Yellow #5 & #6, Cream of Tartar, cherry flavored soybean oil, spiced apple soybean oil, grape flavored soybean oil, tangerine oil

CONTAINS: soy

SEA SALT AND CRACKED PEPPER**Nutrition Facts**

Serving Size 2 3/4 cups (30g)
Servings Per Container varied

Amount Per Serving		% Daily Value*	
Calories 160	Calories from Fat 90		
		15%	
Total Fat 10g			
Saturated Fat 1.5g			8%
Trans Fat 0g			

NATURAL AIR POPPED

Nutrition Facts

Serving Size 4 cups (30g)
Servings Per Container varied

Amount Per Serving			
Calories	120	Calories from Fat	10
		% Daily Value*	
Total Fat	1.5g	2%	
Saturated Fat	0g	0%	
Trans Fat	0g		
Cholesterol	0mg	0%	
Sodium	0mg	0%	
Total Carbohydrate	23g	8%	
Dietary Fiber	4g	16%	
Sugars	0g		
Protein	4g		
Vitamin A 2%		Vitamin C 0%	
Calcium 0%		Iron 6%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories: 2,000	2,500	
Total Fat	Less than 65g	80g	
Saturated Fat	Less than 20g	25g	
Cholesterol	Less than 300mg	300 mg	
Sodium	Less than 2,400mg	2,400mg	
Total Carbohydrate	300g	375g	
Dietary Fiber	25g	30g	
Calories per gram:			
	Fat 9	Carbohydrate 4	Protein 4

INGREDIENTS: Popcorn

INGREDIENTS: Popcorn, Sugar, Dried Blueberries, Water, Butter (cream, salt), Corn Syrup, Baking Soda, Cream of Tartar, Salt, Lecithin, Canola Oil, Blueberry Flavoring (blueberry, soy bean oil)

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

BERRY YOUR BLUES

Nutrition Facts

Serving Size 3/4 cup (30g)
Servings Per Container varied

Amount Per Serving			
Calories	110	Calories from Fat	25
		% Daily Value*	
Total Fat	3g	5%	
Saturated Fat	1.5g	8%	
Trans Fat	0g		
Cholesterol	5mg	2%	
Sodium	25mg	1%	
Total Carbohydrate	20g	7%	
Dietary Fiber	1g	4%	
Sugars	14g		
Protein	1g		
Vitamin A 2%		Vitamin C 0%	
Calcium 0%		Iron 0%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories: 2,000	2,500	
Total Fat	Less than 65g	80g	
Saturated Fat	Less than 20g	25g	
Cholesterol	Less than 300mg	300mg	
Sodium	Less than 2,400mg	2,400mg	
Total Carbohydrate	300g	375g	
Dietary Fiber	25g	30g	
Calories per gram:			
	Fat 9	Carbohydrate 4	Protein 4

INGREDIENTS: Popcorn, Sugar, Dried Blueberries, Water, Butter (cream, salt), Corn Syrup, Baking Soda, Cream of Tartar, Salt, Lecithin, Canola Oil, Blueberry Flavoring (blueberry, soy bean oil)

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

BUTTER POPCORN

Nutrition Facts

Serving Size 4 cups (30g)
Servings Per Container varied

Amount Per Serving			
Calories	190	Calories from Fat	140
		% Daily Value*	
Total Fat	17g	26%	
Saturated Fat	14g	70%	
Trans Fat	0g		
Cholesterol	0mg	0%	
Sodium	0mg	0%	
Total Carbohydrate	10g	3%	
Dietary Fiber	2g	8%	
Sugars	0g		
Protein	2g		
Vitamin A 0%		Vitamin C 0%	
Calcium 0%		Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories: 2,000	2,500	
Total Fat	Less than 65g	80g	
Saturated Fat	Less than 20g	25g	
Cholesterol	Less than 300mg	300 mg	
Sodium	Less than 2,400mg	2,400mg	
Total Carbohydrate	300g	375g	
Dietary Fiber	25g	30g	
Calories per gram:			
	Fat 9	Carbohydrate 4	Protein 4

INGREDIENTS: Popcorn, Coconut Oil

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CARAMEL NUT

Nutrition Facts

Serving Size about 1/2 cup (30g)
Servings Per Container varied

Amount Per Serving			
Calories	120	Calories from Fat	50
		% Daily Value*	
Total Fat	6g	9%	
Saturated Fat	1.5g	8%	
Trans Fat	0g		
Cholesterol	5mg	2%	
Sodium	25mg	1%	
Total Carbohydrate	17g	6%	
Dietary Fiber	1g	4%	
Sugars	11g		
Protein	2g		
Vitamin A 2%		Vitamin C 0%	
Calcium 2%		Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories: 2,000	2,500	
Total Fat	Less than 65g	80g	
Saturated Fat	Less than 20g	25g	
Cholesterol	Less than 300mg	300 mg	
Sodium	Less than 2,400mg	2,400mg	
Total Carbohydrate	300g	375g	
Dietary Fiber	25g	30g	
Calories per gram:			
	Fat 9	Carbohydrate 4	Protein 4

INGREDIENTS: Popcorn, Sugar, Peanuts, Water, Corn Syrup Solids, Butter (cream, salt), Cashews, Almonds, Soy Lecithin, Canola Oil, Salt, Baking Soda, Cream of Tartar

CONTAINS: milk, soy, peanuts, tree nuts (cashews, almonds)

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CARAMEL POPCORN BALLS

Nutrition Facts

Serving Size 1 popcorn ball (65g)
Servings Per Container 1

Amount Per Serving			
Calories	260	Calories from Fat	80
		% Daily Value*	
Total Fat	10g	15%	
Saturated Fat	5g	25%	
Trans Fat	0g		
Cholesterol	20mg	7%	
Sodium	105mg	4%	
Total Carbohydrate	44g	15%	
Dietary Fiber	2g	8%	
Sugars	27g		
Protein	2g		
Vitamin A 6%		Vitamin C 0%	
Calcium 2%		Iron 6%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories: 2,000	2,500	
Total Fat	Less than 65g	80g	
Saturated Fat	Less than 20g	25g	
Cholesterol	Less than 300mg	300 mg	
Sodium	Less than 2,400mg	2,400mg	
Total Carbohydrate	300g	375g	
Dietary Fiber	25g	30g	
Calories per gram:			
	Fat 9	Carbohydrate 4	Protein 4

INGREDIENTS: Popcorn, Sugar, Butter (cream, salt), Corn Syrup Solids, Water, Soy Lecithin, Vanilla Extract, Canola Oil, Salt, Baking Soda, Cream of Tartar

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy

CONTAINS: milk, soy